

## Child Friendly Safeguarding Policy

At Pasic, we believe that all children and young people have the right to feel safe and to be always protected from harm.

This Child Friendly Policy is designed for children and young people. It can be read as a guide to the main policy. We have tried to write this in a way that makes sense to you, as the Safeguarding Policy is very long.

### What is Safeguarding?

**'Safeguarding' means keeping you safe from harm.**

We can help keeping you safe by:

- Keeping you safe from abuse.  
Abuse is when someone hurts you - physically or emotionally. **Abuse is never ok.**
- Helping you to stay safe online - so you can play games or look for information online without being scared, frightened or worried.
- Helping you to live in a safe and supportive environment - this is when and where you feel safe and happy with opportunities to learn and play.

**Everyone who works and volunteers for Pasic is responsible for safeguarding you.**

This includes people who answer the telephone, people who visit you on the hospital ward and people who run activities and events.

The four main areas of concerns are:

1. **Physical abuse** - hitting, smacking, shaking, throwing, burning, biting etc.
2. **Sexual abuse** - be aware this doesn't always mean touching a child. It could be someone making you watch things to do with sex or encouraging you to act in an inappropriate way.
3. **Neglect** - this means things like not providing meals or warmth or clothing. Or perhaps not taking you to the doctor's when you need to go. There may be lots of different reasons why a child is neglected, and it is important that you tell someone so they can help.
4. **Emotional abuse** - this means when someone upsets you or makes you feel bad. If someone in your family says horrible things to you and makes you feel

sad and worthless. These are just a few examples for you and if you think you may have a problem that is like one of these, then talk to someone to check.

## What do we do at Pasic to keep you safe?

We have lots of things in place to keep you safe, including:

- All our staff and volunteers receive safeguarding training.
- We carry out DBS checks on our staff and volunteers. DBS are police checks to ensure that our staff and volunteers have never been in trouble with the police. This might include hurting children or being a risk to children.
- We have clear policies and procedures so that everyone knows what to do if they are worried about a child's safety or wellbeing.
- We work safely to plan and run events - both in person and online.
- We will make sure you know how to tell us if you are worried about something.

## What to do if you are worried?

If you feel worried or scared, can you think of an adult you trust? This might be a parent, teacher or adult family member/friend.

At Pasic, you can talk to any adult who works for us if you feel unsafe or worried about something. We also have 1 staff member who is called the Designated Safeguarding Lead. Her name is Kerry. Part of her job is to make sure all of the things above are happening so everyone's safety and wellbeing is always a priority. You can contact Toria, our Designated Safeguarding Lead in these ways:

Mobile number    **0754 4085884**

E-mail        [kerry.herrod@pasic.org.uk](mailto:kerry.herrod@pasic.org.uk)

You can also call Childline for free on **0800 1111**

There is a longer adult version of this policy at Pasic on our website [www.pasic.org.uk](http://www.pasic.org.uk)

**If you are upset or worried about something that has happened to you or to someone else - you can talk to someone who will listen to you and help you.**

Most importantly you do NOT have to keep your worries a secret.